

Combining Constraint Induced Therapy and IM to Improve Adult Neuro-Rehabilitation Outcomes



Course Description:

When working with TBI and CVA patients, the therapist is searching for an evidence-based treatment modality to assist the patient in obtaining the best possible goal-oriented outcome. This course is designed to help you think “outside the box” and use the IM in conjunction with other modalities such as the Constraint Induced Therapy Program to help facilitate the patient’s ability to drive neuroplasticity in motor recovery for rehabilitation of the upper extremity.

**Contact hours are offered pending successful completion of a written exam at the end of the course.*

Target Audience:

This course welcomes the following professionals who have completed the Interactive Metronome Certification Course.

- Occupational Therapist
- Certified Occupational Therapy Asst
- Physical Therapist
- Physical Therapy Asst
- Athletic Trainer
- Licensed Medical Professional
- Music Therapist

Instructional Level:

Advanced

Learning Outcomes:

Upon completion of this course, participants will be able to:

- Describe standard Interactive Metronome and Constraint Induced Therapy (IM/CI) protocols;
- Determine the candidacy of a patient for the IM/CI treatment program;
- Determine how to modify the IM/CI treatment program based upon the patient’s functional motor impairments;
- Document treatment outcomes.

**Note: This course covers information that pertains to licensed therapists and therapy assistants. COTA and PTA professionals must practice IM under the supervision of a licensed OT or PT.*

Instructor:

Lisa Poe, OTR/L graduated with a Bachelor’s degree in Occupational Therapy from the University of Mississippi Medical Center in 1999. She is currently working for Methodist Rehabilitation Center Quest Program which is a Community Re-Entry Program for TBI and CVA clients. She also has experience working with SCI and numerous neurological diagnoses and orthopedic upper extremity injuries. She is trained in multiple treatment approaches for neurological adolescent and adult population. In addition to using the Interactive Metronome with the majority of her patients, Lisa also specializes in Constraint Induced Therapy and has combined these two programs creating an individual treatment protocol for each client.

CEUs Offered for:

0.1 AOTA (OT/COTAs)

1.0 BOC (ATs)

*PTs & PTAs may submit paperwork to your state board for CEUs



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CONTINUING EDUCATION**
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Interactive Metronome is approved by the Continuing Education board of AOTA to provide continuing education activities in occupational therapy. This program is offered for 0.1 CEUs (Advanced Level). The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.