

# The IM Intensive Program: Maximizing Potential



## Course Description:

Have you considered that some of your clients may have greater potential than what they are achieving? This course is designed to address the effectiveness of Interactive Metronome (IM) with the higher functioning client. The presentation will review the basics of neurological potential when training and treating clients that have advanced capabilities, are on the higher spectrum of function with regard to developmental delays and diagnoses, or are seeking a performance edge related to sports and athletics. This one hour course will cover three main areas: 1) Who is a candidate for an intensive training; 2) Why you should consider training in an intensive fashion; and 3) How to set up your IM training protocol so that it is tailored to meet the individual needs of the high performing client. Course material will be in power-point style with easy to reference lists and learning tools. Photographic and video examples will be presented to illustrate salient points and to reinforce learning. **\*Contact hours are offered pending successful completion of a written exam at the end of the course.**

## Target Audience:

This course welcomes the following professionals who have completed the Interactive Metronome Certification Course.

- Speech and Language Pathologist
- Speech and Language Pathology Asst
- Audiologist
- Occupational Therapist
- Certified Occupational Therapy Asst
- Physical Therapist
- Physical Therapy Asst
- Athletic Trainer
- Licensed Medical, Rehabilitation or Mental Health Professional
- Music Therapist

## Instructional Level:

Advanced

## Learning Outcomes:

Upon completion of this course, participants will be able to:

- Describe the rationale for incorporating interventions for timing & rhythm in the treatment of individuals who are higher functioning;
- Create and implement individualized and flexible treatment programs for individuals based upon clinical best practices in order to achieve optimal treatment outcomes;
- Establish functional treatment goals for treatment of various mild cognitive and developmental delays in the clinic setting.

**\*Note: This course covers information that pertains to licensed therapists and therapy assistants. COTA and PTA professionals must practice IM under the supervision of a licensed OT or PT.**

## Specific Learning Outcomes for Speech-Language Pathologists & Audiologists:

- Describe the rationale for incorporating interventions for timing & rhythm in the treatment of individuals who are higher functioning and exhibit cognitive-communicative disorders;
- Create and implement individualized and flexible treatment programs for individuals based upon clinical best practices in order to achieve optimal treatment outcomes;
- Establish functional treatment goals for treatment of various mild cognitive and developmental delays in the clinic setting.

**\*Note: This course covers information that pertains to licensed therapists and therapy assistants. SLPA professionals must practice IM under the supervision of a licensed SLP.**

**Instructor:**

**April Christopherson, OTR/L** has been an Occupational Therapist for almost 20 years and has worked with diverse populations in a variety of settings – including home health, private clinic and in-patient rehabilitation. She is co-owner of Performance Advantage, LLC in Colorado Springs, CO where her current clientele range from pediatrics to adults to high performance athletes. She believes in a whole, team approach to the client – including various medical professionals and therapists plus the use of functional neurology and metabolic/nutrition counseling.

April was granted her BS degree in Occupational Therapy from St Ambrose University in Davenport, IA in 1991. She obtained a BA in Psychology at the same time. She has furthered her education by taking courses and reading materials that foster her knowledge in helping clients recover neurological functioning from the lowest level to the higher cognitive and executive levels (such as Boehme Approach to Treatment of the Baby, Sensory Integration Clinics (various), The Listening Program, Alert Program, Treating Drug Affected Children, OT in the Schools, Benbow's Loops and Other Groups, Marriage and Family Counseling, Nutrition, Studies in Neurology, and various other certification classes.) She uses IM as an intensive neurological treatment option for qualified clients and as an introductory functional treatment option for pediatrics.

**CEUs Offered for:**

0.1 ASHA (SLP/SLPAs)

0.1 AOTA (OT/COTAs)

1.0 BOC (ATs)

\*PTs & PTAs may submit paperwork to your state board for CEUs



Interactive Metronome is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 0.1 ASHA CEUs (Advanced level, Professional area).



**APPROVED PROVIDER of CONTINUING EDUCATION**  
by The American Occupational Therapy Association, Inc.

Interactive Metronome is approved by the Continuing Education board of AOTA to provide continuing education activities in occupational therapy. This program is offered for 0.1 CEUs (Advanced Level). The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.



Interactive Metronome, Inc. is recognized by the Board of Certification, Inc. to offer continuing education (CE) for Certified Athletic Trainers (ATs). This program has been approved for a maximum of 1.0 CEUs (Advanced Level). ATs are responsible for claiming only those hours actually spent participating in the CE activity.