

The Basics of Stuttering and the Use of IM in Treatment



Course Description:

This presentation is designed to assist clinicians in obtaining a greater understanding of stuttering and why Interactive Metronome is highly effective in the treatment of stuttering. Because the majority of graduate schools teach only theoretical models of stuttering, many clinicians who are highly learned in other areas of the field find themselves at a loss when referred to treat a patient who stutters.

Aside from providing some basic facts and figures about stuttering, the presentation will discuss etiology, diagnostics and various treatment methods. Further, the presenter will discuss both positive and negative prognostic indicators. Upon completion of this webinar, participants should feel competent in explaining what causes stuttering, what the risk factors are, how best to diagnose stuttering and why Interactive Metronome not only speeds the course of therapy, but also assists in generalization.

***Contact hours are offered pending successful completion of a written exam at the end of the course.**

Target Audience:

This course welcomes the following professionals who have completed the Interactive Metronome Certification Course.

- Speech and Language Pathologist
- Speech and Language Pathology Asst

Instructional Level:

Advanced

Specific Learning Outcomes for Speech-Language Pathologists:

- Articulate the causes and neurology of stuttering;
- Discuss the various direct/indirect treatment approaches for stuttering;
- Recognize the role of millisecond timing & rhythm on speech fluency;
- Integrate Interactive Metronome into fluency therapy in order to enhance treatment outcomes.

***Note: This course covers information that pertains to licensed therapists and therapy assistants. SLPA professionals must practice IM under the supervision of a licensed SLP.**

Instructor:

Suzanne V. Sylvester, M.S., CCC-SLP is the owner of a private practice in Scarborough, ME. Prior to opening her practice, she worked as a clinician in a number of settings, including Kaiser Foundation Rehabilitation Center in Vacaville, CA, The Spurwink Institute in Portland, Maine and Bayside Neurorehabilitation Services in Portland, ME. While she has treated a large and varied number of patients in the field of Speech/Language Pathology, her specialty lies in the diagnosis and treatment of patients with stuttering and fluency disorders.

She obtained her undergraduate degree in the field of Psychology from The University of Colorado, Boulder in 1990, and her graduate degree in Communicative Disorders from San Francisco State University in 1999. In 2006 she was selected by the Stuttering Foundation of America (SFA) and the University of Iowa to participate in a Stuttering Workshop for Specialists. During the workshop she was mentored by Dr. Patricia Zebrowski of the University of Iowa, Dr. Edward Conture of Vanderbilt University and Dr. Peter Raming of the University of Colorado. The workshop is held biannually and includes twenty clinicians from various countries worldwide. It was through the SFA and the University of Iowa that she earned her specialist credential in the field of Stuttering and Fluency Disorders. Currently, 90% of her practice is comprised of children and adults who stutter.

Sylvester became interested in using Interactive Metronome in 2007 and has great success in using Interactive Metronome therapy as a focal point of treatment for patients with traumatic brain injuries, Parkinson's Disease, ADHD, Autism Spectrum Disorders and stuttering disorders. According to Sylvester, the Interactive Metronome plays a critical role in augmenting neural connections and improving millisecond timing in these patients. In regard to stuttering therapy, Sylvester states that Interactive Metronome is critical in laying a neurological foundation for uptake of therapeutic tasks. The local NBC affiliate in Portland, ME has featured Sylvester on two occasions in an attempt to educate the public in regard to her success in the use of Interactive Metronome therapy.

If you wish to contact Sylvester, she may be reached at suzannespeech@yahoo.com or 207.450.1849.

Education Department Contact Info: imcourses@interactivemetronome.com, 877-994-6776 opt 3 (US Only), 954-385-4660 opt 3, Fax: 954-385-4674

Disclosures:

Instructor Financial Disclosure(s): Suzanne received an honorarium for the development and presentation of this course. She does not receive royalties or any other form of compensation for the continued publication and use of educational materials she has authored. Suzanne does not sell or receive compensation for the sale of Interactive Metronome products.

Instructor Nonfinancial Disclosure(s): Suzanne does not have any relevant nonfinancial relationships to disclose.

Course Content Disclosure:

The Interactive Metronome, Inc. has developed and patented a licensed technology trademarked as the Interactive Metronome®. (U.S. Patents #4,919,030; #5,529,498; #5,743,744; #6,719,690; other U.S. and foreign patents pending) Interactive Metronome, Inc. is the sole source of the following products: Interactive Metronome®, Gait Mate® and IM Home®. Because there are no other like-kind products available, course offerings will only cover information that pertains to the effective and safe use of the above-named products.

Agenda (60 minutes):

- Speaker introduction & disclosure
- Facts and Figures about Stuttering
- Diagnostics
- Stuttering and treatment options for the Preschool-Aged child
- Stuttering and treatment options for the School-Aged child
- Working with parents
- The role Interactive Metronome therapy in augmenting treatment
- The stages of change: applications to stuttering therapy
- Q & A
- Online post-test & course evaluation

CEUs Offered for:

0.1 ASHA (SLP)



Interactive Metronome is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 0.1 ASHA CEUs (Advanced level, Professional area).

Effective July 1, 2011, individuals must meet at least one of the following conditions in order to be eligible to earn ASHA CEUs.

- ASHA Member (includes Life member and International affiliates)
- ASHA Certificate of Clinical Competence (CCC) Holder
- Licensed by a state or provincial regulatory agency to practice speech-language pathology (SLP) or audiology
- Credentialed by a state regulatory agency to practice SLP or audiology
- Credentialed by a national regulatory agency to practice SLP or audiology
- Currently enrolled in a masters or doctoral program in SLP or audiology