

# Using IM to Enhance Driving Evaluation Results: A Case Study



## Course Description:

Driving is the highest level IADL a person participates in on a daily basis. People need to be able to safely drive to get around their town and keep them independent especially in rural areas. Driving is usually one of the hardest IADLs for a person to give up. Learn how the Interactive Metronome can be an effective tool to help our clients begin or return to driving. This course will be based on a case study that allowed a client to participate in this IADL when traditional therapies failed.

**\*Contact hours are offered pending successful completion of a written exam at the end of the course.**

## Target Audience:

This course welcomes the following professionals who have completed the Interactive Metronome Certification Course.

- Occupational Therapist
- Certified Occupational Therapy Asst
- Physical Therapist
- Physical Therapy Asst
- Athletic Trainer
- Licensed Medical, Rehabilitation or Mental Health Professional
- Music Therapist

## Instructional Level:

Advanced

## Learning Outcomes:

Upon completion of this course, participants will be able to:

- Learn how IM can be an effective tool in driving rehab.
- Identify clients who could benefit from IM treatment
- Learn functional driving activities used with the IM

**\*Note: This course covers information that pertains to licensed therapists and therapy assistants. COTA and PTA professionals must practice IM under the supervision of a licensed OT or PT.**

## Instructor:

**Michele Santer, MOT, OTR/L** graduated with a Masters Degree in Occupational Therapy from Duquesne University. She is the Senior OT for Health South Western Hills in Parkersburg, WV. She treats both adults and pediatrics with CVA, TBI, orthopedic injuries, Autism, ADD and sensory processing disorders. In addition to the Interactive Metronome, she is advanced trained Sarbo therapist, Hand Mentor, Bioness H200 and L300, myofascial release, Therapeutic Listening Program, Pilates, Drivers Rehabilitation and nutritional intervention in Autism and ADD. She lectures locally on a variety of community education topics.

## CEUs Offered for:

0.1 AOTA (OT/COTAs)

1.0 BOC (ATs)

\*PTs & PTAs may submit paperwork to your state board for CEUs



**APPROVED PROVIDER of  
CONTINUING EDUCATION**  
by The American Occupational  
Therapy Association, Inc.

Interactive Metronome is approved by the Continuing Education board of AOTA to provide continuing education activities in occupational therapy. This program is offered for 0.1 CEUs (Advanced Level). The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.



Interactive Metronome, Inc. is recognized by the Board of Certification, Inc. to offer continuing education (CE) for Certified Athletic Trainers (ATs). This program has been approved for a maximum of 1.0 CEUs (Advanced Level). ATs are responsible for claiming only those hours actually spent participating in the CE activity.