Course Description:
The Interactive Metronome (IM) is a treatment tool that may be used throughout a therapy session in flexible and creative ways to address a variety of neurological disorders, including oral motor and swallowing skills. This course will outline specific therapy techniques that incorporate the Interactive Metronome into the treatment of oral motor and swallowing skills to help promote synchronized neural timing and improved function.

*Contact hour(s) are offered pending successful completion of a written exam at the end of the course.

Target Audience:
This course welcomes the following professionals who have completed the Interactive Metronome Certification Course.

- Speech and Language Pathologist
- Speech and Language Pathology Asst
- Occupational Therapist
- Certified Occupational Therapy Asst

Instructional Level:
Advanced

Learning Outcomes:
Upon completion of this course, participants will be able to:

- Discuss the importance of synchronized timing for oral motor and swallowing skills;
- Select appropriate patients for the inclusion of Interactive Metronome into oral motor and/or swallowing therapy;
- Develop individualized oral motor and/or swallowing therapy goals and exercises/activities that incorporate feedback for millisecond timing using the Interactive Metronome;

Instructor:
Heather Cross, OTR/L, has been an Occupational Therapist for 17 years. Her scope of practice has included hand therapy, orthopedic rehab, home health, school based therapy, acute care, and pediatrics. She is the co-owner of Performance Advantage, LLC in Colorado Springs, CO. Her current clientele includes a population that ranges from pediatrics to adult. She also works with high performance and pro athletes. She uses a holistic approach with all of her clients; utilizing various medical professions, treatment techniques, functional neurology, and metabolic/nutritional counseling.

Heather received her BS in Occupational Therapy from Colorado State University in 1993. Since that time she has been an advocate of continuing education and sponsoring students in their fieldwork assignments at all levels. She has furthered her education through various courses and self study over the last 17 years. Recent courses taken have been chosen to help with her belief that clients can recover neurological functioning at all ages. Some of these programs include: the Listening program, the Alert Program, Sensory integration techniques, and studies in neurology. Heather uses Interactive Metronome as part of an intensive neurological treatment option for qualified clients and as an introductory functional treatment option for pediatrics. She is a huge proponent of the Interactive Metronome following several years of great success using IM with her clientele.

Disclosure:
The Interactive Metronome, Inc. has developed and patented a licensed technology trademarked as the Interactive Metronome®. (U.S. Patents #4,919,030; #5,529,498; #5,743,744; #6,719,690; other U.S. and foreign patents pending) Interactive Metronome, Inc. is the sole source of the following products: Interactive Metronome®, Gait Mate® and IM Home®. Because there are no other like-kind products available, course offerings will only cover information that pertains to the effective and safe use of the above-named products.
Agenda (60 minutes):

- Speaker introduction & disclosure
- Identifying appropriate clients
- Oral motor exercises and activities using the Interactive Metronome
- Swallowing exercises and activities using the Interactive Metronome
- Parent/caregiver education needs
- Sample treatment plan and progression
- Documentation and billing
- Take-home messages and extra tips
- Online post-test & course evaluation

CEUs Offered for:
0.1 ASHA (SLP/SLPAs)
0.1 AOTA (OT/COTAs)

Effective July 1, 2011, individuals must meet at least one of the following conditions in order to be eligible to earn ASHA CEUs.

- ASHA Member (includes Life member and International affiliates)
- ASHA Certificate of Clinical Competence (CCC) Holder
- Licensed by a state or provincial regulatory agency to practice speech-language pathology (SLP) or audiology
- Credentialed by a state regulatory agency to practice SLP or audiology
- Credentialed by a national regulatory agency to practice SLP or audiology
- Currently enrolled in a masters or doctoral program in SLP or audiology

Interactive Metronome, Inc is an AOTA Approved Provider (#4683). This introductory course is offered for 1 contact hours/ .1 AOTA CEUs (Classification Codes - Domain of OT; OT Process: Intervention). The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.