

Rehabilitating Ataxia with Interactive Metronome Self-Study



Course Description:

There are many conditions and a variety of techniques included in clinical management of Ataxia. Just as the presentation of ataxia may vary, so too can the application of the Interactive Metronome (IM) Program within this population group – a key to treatment planning, therefore, is flexibility in its customized application. As length of stay and duration of rehabilitation are under constant scrutiny, it is vital to approach clinical management of patients with ataxia with fresh, creative and effective modalities that measurably demonstrate a patient's progress. This course will provide a broad base of knowledge to cover all clinical establishments and to give IM providers the tools they need to transition to the next step in treatment planning and in applying their use of the IM toward functional treatment outcomes. Course material will be in power-point style with easy to reference lists and learning tools. Photographic examples and video media will be presented to illustrate salient points.

***Contact hours are offered pending successful completion of a written exam at the end of the course.**

Target Audience:

This self-study course welcomes:

- Occupational Therapist
- Certified Occupational Therapy Asst
- Physical Therapist
- Physical Therapy Asst
- Athletic Trainer
- Neurologist
- Licensed Medical, Rehabilitation or Mental Health Professional
- Music Therapist

*You must have completed the Interactive Metronome Certification course prior to attending this course.

Instructional Level:

Advanced

Learning Outcomes:

Upon completion of this course, participants will be able to:

1. Recognize the clinical benefit of including feedback for rhythm and timing (Interactive Metronome) within engaging & repetitive cognitive and motor exercises for patients with ataxia;
2. Create on-the-spot treatment modifications for patients with ataxia using the Interactive Metronome Program (IM);
3. Develop a repertoire of treatment techniques for use ataxic patients;
4. Demonstrate evidence-based practice through measurable treatment gains and functional goal achievement with use of the IM for patients with ataxia.

***Note: This course covers information that pertains to licensed therapists and therapy assistants. COTA and PTA professionals must practice IM under the supervision of a licensed OT or PT.**

Instructor

Mary Jones, OTR/L, LMT, CIMT graduated from St. Loe's School of Occupational Therapy (UK) in 1986. Has been an Occupational Therapist for 20 (+) years and has been practicing in the USA since 1993. Additional training has included a BS in Healthcare and Social Welfare from Manchester University in 1992, Massage Therapy License in 1996, NDT certification in 1994. Mary has worked in a variety of healthcare settings in both the USA and the UK. These include home health in the inner-city (London), orthopedics, geriatric psychiatry, outpatient rehab, brain injury specialty (adult and pediatric) and pediatric outpatient therapy. Clinical advanced training includes NDT advanced courses, infant massage certification, cranio-sacral therapy, myofascial release techniques, motor control and the development of motor learning, Therapeutic Listening Program, Integrated Listening Systems, Brain Gym, Pilates, Active Isolated Stretching Techniques, Visual-motor Training, Vestibular Training, Beckman Oral Motor Assessment and Intervention, Handwriting Without Tears, ADHD and Nutrition Interventions, Aromatherapy, Aquatic Therapy, Sensory Integration assessment and interventions, Autism assessment and interventions, Interactive Metronome Certification and Development of Best Practice Strategies with IM. Mary owns her own pediatric practice "Sensational Kids LLC", based out of Bradenton, FL. Mary has lectured extensively in her field at a local and national level.

Agenda:

**Rehabilitating Ataxia with
Interactive Metronome**

CEUs

Offer for:

0.1 AOTA (OT/COTAs)

*PTs & PTAs may submit paperwork to your state



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CONTINUING EDUCATION**
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Therapy Association, Inc.

Interactive Metronome is approved by the Continuing Education board of AOTA to provide continuing education activities in occupational therapy. This program is offered for 0.1 CEUs (Advanced Level; Professional area). The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.