

# Using Interactive Metronome in the Treatment of Dyslexia Self-Study



## Course Description:

This course is designed to address the effectiveness of Interactive Metronome (IM) as a tool to facilitate remediation of many of the problems associated with Dyslexia. Individuals with this diagnosis struggle daily, not only with the more evident challenges of reading fluency and the written word, but also in the more fundamental tasks of problem solving and engagement in daily activities. Historically, many individuals struggling with the fluency and rhythm of daily events have often been labeled as “stupid” or “slow”. As we learn more of the intricacies involved cognitively with this diagnosis, we now know that as clinicians we can impact not only functional gains, but also an individual's self esteem and sense of self. This presentation will outline the various types of Dyslexia, causation, and treatment strategies that include use of the Interactive Metronome. Clinicians will learn to be more flexible in their approach when using IM and, ultimately, promote successful treatment outcomes. Course material will be in power-point style with easy to reference lists and learning tools. Photographic and video examples will be presented to illustrate salient points and to reinforce learning. **\*Contact hours are offered pending successful completion of a written exam at the end of the course.**

## Target Audience:

This self-study welcomes the following professionals who have completed the Interactive Metronome Certification Course.

- Speech and Language Pathologist
- Speech and Language Pathology Asst
- Audiologist
- Occupational Therapist
- Certified Occupational Therapy Asst
- Licensed Medical, Rehabilitation or Mental Health Professional
- Music Therapist

## Instructional Level:

Advanced

## Learning Outcomes:

Upon completion of this course, participants will be able to:

- Describe the rationale for incorporating interventions for timing & rhythm in the treatment of individuals with dyslexia;
- Create and implement individualized and flexible treatment programs for individuals with Dyslexia based upon clinical best practices in order to achieve optimal treatment outcomes;
- Establish functional treatment goals for treatment of individuals with Dyslexia.

**\*Note: This course covers information that pertains to licensed therapists and therapy assistants. COTA and PTA professionals must practice IM under the supervision of a licensed OT or PT.**

## Specific Learning Outcomes for Speech-Language Pathologists & Audiologists:

- Describe the rationale for incorporating interventions for timing & rhythm in the treatment of communication disorders resulting from Dyslexia;
- Create and implement individualized and flexible treatment programs for individuals with Dyslexia based upon clinical best practices in order to achieve optimal treatment outcomes in the areas of communication and language;
- Establish functional treatment goals for treatment of individuals with Dyslexia.

**\*Note: This course covers information that pertains to licensed therapists and therapy assistants. SLPA professionals must practice IM under the supervision of a licensed SLP.**

## Instructor:

**Mary Jones, OTR/L, LMT, CIMT** graduated from St. Loye's School of Occupational Therapy (UK) in 1986. Has been an Occupational Therapist for 20 (+) years and has been practicing in the USA since 1993. Additional training has included a BS in Healthcare and Social Welfare from Manchester University in 1992, Massage Therapy License in 1996, NDT certification in 1994. Mary has worked in a variety of healthcare settings in both the USA and the UK. These include home health in the inner-city (London), orthopedics, geriatric psychiatry, outpatient rehab, brain injury specialty (adult and pediatric) and pediatric outpatient therapy. Clinical advanced training includes NDT advanced courses, infant massage certification, cranio-sacral therapy, myofascial release techniques, motor control and the development of motor learning, Therapeutic Listening Program, Integrated Listening Systems, Brain Gym, Pilates, Active Isolated Stretching Techniques, Visual-motor Training, Vestibular Training, Beckman Oral Motor Assessment and Intervention, Handwriting Without Tears, ADHD and Nutrition Interventions, Aromatherapy, Aquatic Therapy, Sensory Integration assessment and interventions, Autism assessment and interventions, Interactive Metronome Certification and Development of Best Practice Strategies with IM. Mary owns her own pediatric practice "Sensational Kids LLC", based out of Bradenton, FL. Mary has lectured extensively in her field at a local and national level.

**CEUs Offered for:**

0.1 ASHA (SLP/SLPAs)

0.1 AOTA (OT/COTAs)



**Interactive Metronome** is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 0.1 ASHA CEUs (Advanced level, Professional area).



**APPROVED PROVIDER of  
CONTINUING EDUCATION**  
by The American Occupational  
Therapy Association, Inc.

Interactive Metronome is approved by the Continuing Education board of AOTA to provide continuing education activities in occupational therapy. This program is offered for 0.1 CEUs (Advanced Level). The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.