

## Grading the Task: Transitioning From Basic Timing to More Advanced Skills



### Course Description:

The purpose of this course is to advance your clinical knowledge & implementation of the Interactive Metronome (IM) within the healthcare setting. You will learn how to effectively transition from working on basic timing in Phases 1-3 where you addressed fundamental cognitive & motor skills, to Phase 4 where your patient will learn to generalize timing skills to further improve cognitive, communicative, and motor skills. Discussion will include information specific to the practices of Speech-Language Pathology, Occupational Therapy, & Physical Therapy, including tips for grading therapy activities for success.

**\*Contact hours are offered pending successful completion of a written exam at the end of the course.**

### Target Audience:

This course welcomes the following professionals who have completed the Interactive Metronome Certification Course.

- Speech and Language Pathologist
- Speech and Language Pathology Asst
- Audiologist
- Occupational Therapist
- Certified Occupational Therapy Asst
- Physical Therapist
- Physical Therapy Asst
- Athletic Trainer
- Licensed Medical, Rehabilitation or Mental Health Professional
- Music Therapist

### Instructional Level:

Intermediate

### Learning Outcomes:

Upon completion of this course, participants will be able to:

- Determine when your patient is ready to transition from working on basic timing skills in phases 1-3 of IM training to phase 4 where (s)he will learn to generalize timing to the rest of the body as a prerequisite for more advanced skill acquisition;
- Continually reassess your patient & select appropriate IM software settings to facilitate improved global timing & function;
- Introduce more advanced, skill-specific therapy tasks at the appropriate time in IM training in order to address specific cognitive, ADL, and/or motor skills.

**\*Note: This course covers information that pertains to licensed therapists and therapy assistants. COTA and PTA professionals must practice IM under the supervision of a licensed OT or PT.**

### Specific Learning Outcomes for Speech-Language Pathologists & Audiologists:

- Determine when your patient is ready to transition from working on basic timing skills in phases 1-3 of IM training to phase 4 where (s)he will learn to generalize timing to the rest of the body as a prerequisite for more advanced speech, language & cognitive-communicative skill acquisition;
- Continually reassess your patient & select appropriate IM software settings to facilitate improved global timing & function;
- Introduce more advanced, skill-specific therapy tasks at the appropriate time in IM training in order to address specific speech, language, and/or cognitive-communicative skills.

**\*Note: This course covers information that pertains to licensed therapists and therapy assistants. SLPA professionals must practice IM under the supervision of a licensed SLP.**

### Instructor:

**Dara Coburn, MS, CCC-SLP** received her undergraduate and masters degree from the University of Central Arkansas and holds the Certificate of Clinical Competence issued by the American Speech-Language-Hearing Association. Dara served as the National Program Champion for Interactive Metronome within the HealthSouth Corporation. She currently serves as Interactive Metronome's Clinical Support contact person for Life Care Centers of America. Dara has been teaching IM Certification Courses since 2007 and has contributed to the development of the Adult Best Practice Certification Course and

Fall Prevention Protocol. With expertise and experience in the field of neurological disorders, Dara has been able to accept this new treatment tool and successfully integrate it into her practice by modifying it to individually meet her patient's needs.

**Disclosures:**

**Instructor Financial Disclosure(s):** Dara is an active member of Interactive Metronome's Clinical Advisory Board, for which she receives an annual honorarium. She is the author/co-author of educational offerings on the clinical application of Interactive Metronome technology, for which she has received honoraria. She does not receive royalties or any other form of compensation for the continued publication and use of educational materials she has authored/coauthored. Dara is also an instructor for Interactive Metronome, for which she receives a fee for teaching each course and reimbursement of travel expenses. Dara provides clinical consultation to IM providers and receives a consulting fee from Interactive Metronome for these extended educational services. She currently serves as Interactive Metronome's Clinical Support contact person for Life Care Centers of America and is compensated for this. Dara does not sell or receive compensation for the sale of Interactive Metronome products.

**Instructor Nonfinancial Disclosure(s):** Dara does not have any relevant nonfinancial relationships to disclose.

**Course Content Disclosure:**

The Interactive Metronome, Inc. has developed and patented a licensed technology trademarked as the Interactive Metronome<sup>®</sup>. (U.S. Patents #4,919,030; #5,529,498; #5,743,744; #6,719,690; other U.S. and foreign patents pending) Interactive Metronome, Inc. is the sole source of the following products: Interactive Metronome<sup>®</sup>, Gait Mate<sup>®</sup> and IM Home<sup>®</sup>. Because there are no other like-kind products available, course offerings will only cover information that pertains to the effective and safe use of the above-named products.

**Agenda (60 minutes):**

- Speaker introduction & disclosure
- Quick Review – Developing Basic Timing Skills
- Training Visuals to Improve Synchronization: When Are the IM Games Appropriate?
- Transitioning from Basic Timing to More Advanced Skills
- Discipline-Specific Focus of IM Training to Address Specific Skills
- Grading Exercises for Success
- Q & A
- Online post-test & course evaluation

**CEU's offered for:**

0.1 ASHA (SLP)

0.1 AOTA/1.25 NBCOT PDUs (OT/COTA)

1.0 BOC (ATC)

\*PTs & PTAs may submit paperwork to your state board for CEUs. Check your state for eligibility.



Interactive Metronome is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 0.1 ASHA CEU (Intermediate level, Professional area).

Effective July 1, 2011, individuals must meet at least one of the following conditions in order to be eligible to earn ASHA CEUs.

- ASHA Member (includes Life member and International affiliates)
- ASHA Certificate of Clinical Competence (CCC) Holder
- Licensed by a state or provincial regulatory agency to practice speech-language pathology (SLP) or audiology
- Credentialed by a state regulatory agency to practice SLP or audiology
- Credentialed by a national regulatory agency to practice SLP or audiology
- Currently enrolled in a masters or doctoral program in SLP or audiology



Interactive Metronome, Inc is an AOTA Approved Provider (#4683). This intermediate course is offered for 1 contact hour/ .1 AOTA CEU (Classification Codes - Domain of OT; OT Process: Intervention). The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

## Attachment: Promotional, Agenda, Learning Objectives & Disclosures



Interactive Metronome, Inc. is recognized by the Board of Certification, Inc. to offer continuing education (CE) for Certified Athletic Trainers (ATs). This program has been approved for a maximum of 1.0 CEUs (Basic Level). ATs are responsible for claiming only those hours actually spent participating in the CE activity.