# Integrating IM and Traditional Therapeutic Techniques



### **Course Description:**

For most any provider, there is no question that IM is an invaluable tool to improving cognitive and physical performance. Formal studies and personal testimony from providers nation-wide conclude that IM helps in improving attention, motor coordination, language processing, generalized learning capabilities, and more. These outcomes are, in and of themselves, remarkable. But what may happen if one integrates functional auditory and visual information into the course of IM exercises? This course will provide the IM provider with a variety of traditional therapeutic techniques that can be intertwined with IM exercises to enhance the speed and efficiency of functional skill development.

Lucy Barlow, M.Ed. CCC-SLP and her colleagues at The Language Learning Center, Inc. have been using IM in their therapy practices for many years and have developed ways in which functional language, learning, and visual skills can be introduced during administration of the IM program. Results of using IM paired with traditional therapy stimuli has been quite successful in facilitating greater functional development while still improving the basis of increased neurological networking. In the era of insurance coverage limitations and economic lows, the need to accelerate outcomes is critical.

\*Contact hours are offered pending successful completion of a written exam at the end of the course.

#### **Target Audience:**

This webinar welcomes the following professionals who have completed the Interactive Metronome Certification Course.

- Speech and Language Pathologist
- Speech and Language Pathology Asst
- Audiologist
- Occupational Therapist
- Certified Occupational Therapy Asst
- Licensed Medical, Rehabilitation or Mental Health Professional
- Music Therapist

#### Instructional Level:

Advanced

#### Learning Outcomes:

Upon completion of this course, participants will be able to:

- Identify IM clients who may benefit from integrating traditional therapy programs into their existing IM
  protocols to improve cognitive abilities and sensory processing/integration.
- Adapt IM treatment protocols with appropriate language, learning, or visual stimulus materials for functional skill development.

• Use traditional therapeutic methods in conjunction with IM processes for enhanced developmental growth.

\*Note: This course covers information that pertains to licensed therapists and therapy assistants. COTA and PTA professionals must practice IM under the supervision of a licensed OT or PT.

#### Specific Learning Outcomes for Speech-Language Pathologists & Audiologists:

- Identify IM clients who may benefit from integrating traditional therapy programs into their existing IM
  protocols for the treatment of disorders of speech, language, cognitive, and sensory processing/integration.
- Adapt IM treatment protocols with appropriate language, learning, or visual stimulus materials for functional skill development.
- Use traditional therapeutic methods in conjunction with IM processes for enhanced developmental growth.

\*Note: This course covers information that pertains to licensed therapists and therapy assistants. SLPA professionals must practice IM under the supervision of a licensed SLP.

#### Instructors:

Lucinda Gross-Barlow, M.Ed. CCC-SLP is a Speech-Language Pathologist with 28 years of experience working with pediatric and adult clients. Her private practice clinic employs 5 Speech-Language Pathologists and 3 licensed Speech/Language Pathology Aides, with a total of 7 IMC providers. Lucy resides in the coastal region of Georgia.

**Patricia Sullivan, M Ed. SLP-CCC** has 10 + years experience working as a Speech-Language Pathologist. Her background includes extensive experience in adult rehabilitation and pediatric speech therapy. She is currently employed as itinerant speech therapist serving the Pre-K population for the Camden county school district. She is also employed in private practice for an agency serving pediatric clients and addressing traditional speech therapy, sensory integration, learning disabilities and developmental rehabilitation. Patricia is a native of New Port Rhode Island and currently makes her home in beautiful coastal southeast Georgia.

**Tiffany Birt MS, OTR/L** is a pediatric Occupational Therapist specializing in sensory integration and it's relation to learning. She has had the opportunity to work with children in a variety of settings, with experience ranging from infant development to adolescent with a special interest in visual and auditory processing. Her clinical practice in school systems and private outpatient settings has provided her the opportunity to work with students who have diverse medical diagnoses and learning disabilities. Tiffany is excited to be able to provide opportunities for families to take part in their children's learning remediation and elicit progress in children experiencing learning and/or processing difficulties.

#### **CEUs Offered for:**

0.1 ASHA (SLP/SLPAs) 0.1 AOTA (OT/COTAs)



Interactive Metronome is approved by the Continuing Education Board of the American Speech-language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures. This course is offered for <u>0.1</u> ASHA CEUs (<u>Advanced</u> level, <u>Professional</u> area).



## APPROVED PROVIDER of CONTINUING EDUCATION

by The American Occupational Therapy Association, Inc. Interactive Metronome is approved by the Continuing Education board of AOTA to provide continuing education activities in occupational therapy. This program is offered for 0.1 CEUs (Advanced Level). The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.